

市町村国保 特定健康診査等実施状況(平成30年度速報値)

| 集計項目 | | 平成30年度(速報値) | | | 平成29年度(速報値) | | |
|--------|----------------------|-------------|-----------|------------|-------------|-----------|------------|
| | | 合計 | 男性 | 女性 | 合計 | 男性 | 女性 |
| 特定健康診査 | 対象者数(人) | 19,116,898 | 9,015,515 | 10,101,383 | 19,852,130 | 9,365,968 | 10,486,162 |
| | 受診者数(人) | 7,241,436 | 3,077,376 | 4,164,060 | 7,377,312 | 3,127,835 | 4,249,477 |
| | 実施率 | 37.9% | 34.1% | 41.2% | 37.2% | 33.4% | 40.5% |
| 特定保健指導 | 対象者数(人) | 843,444 | 553,500 | 289,944 | 858,707 | 564,902 | 293,805 |
| | 対象者割合 (対象者数/受診者数) | 11.6% | 18.0% | 7.0% | 11.6% | 18.1% | 6.9% |
| | 終了者数(人) | 243,477 | 148,854 | 94,623 | 231,073 | 141,092 | 89,981 |
| | 実施率 | 28.9% | 26.9% | 32.6% | 26.9% | 25.0% | 30.6% |
| 動機付け支援 | 対象者数(人) | 647,953 | 399,867 | 248,086 | 656,323 | 405,622 | 250,701 |
| | 対象者割合 (対象者数/受診者数) | 8.9% | 13.0% | 6.0% | 8.9% | 13.0% | 5.9% |
| | 利用者数(人) | 219,052 | 129,774 | 89,278 | 211,098 | 124,409 | 86,689 |
| | 利用率 | 33.8% | 32.5% | 36.0% | 32.2% | 30.7% | 34.6% |
| | 終了者数(人) | 210,084 | 123,914 | 86,170 | 196,756 | 115,782 | 80,974 |
| | 実施率 | 32.4% | 31.0% | 34.7% | 30.0% | 28.5% | 32.3% |
| 積極的支援 | 対象者数(人) | 195,491 | 153,633 | 41,858 | 202,384 | 159,280 | 43,104 |
| | 対象者割合 (対象者数/受診者数) | 2.7% | 5.0% | 1.0% | 2.7% | 5.1% | 1.0% |
| | 利用者数(人) | 50,630 | 38,117 | 12,513 | 49,517 | 37,248 | 12,269 |
| | 利用率 | 25.9% | 24.8% | 29.9% | 24.5% | 23.4% | 28.5% |
| | 終了者数(人) | 33,393 | 24,940 | 8,453 | 34,317 | 25,310 | 9,007 |
| | 実施率 | 17.1% | 16.2% | 20.2% | 17.0% | 15.9% | 20.9% |

※平成30年度速報値は、保険者が社会保険診療報酬支払基金に報告した平成30年度の特定健康診査等の実績報告データをベースとしたファイルの集計結果

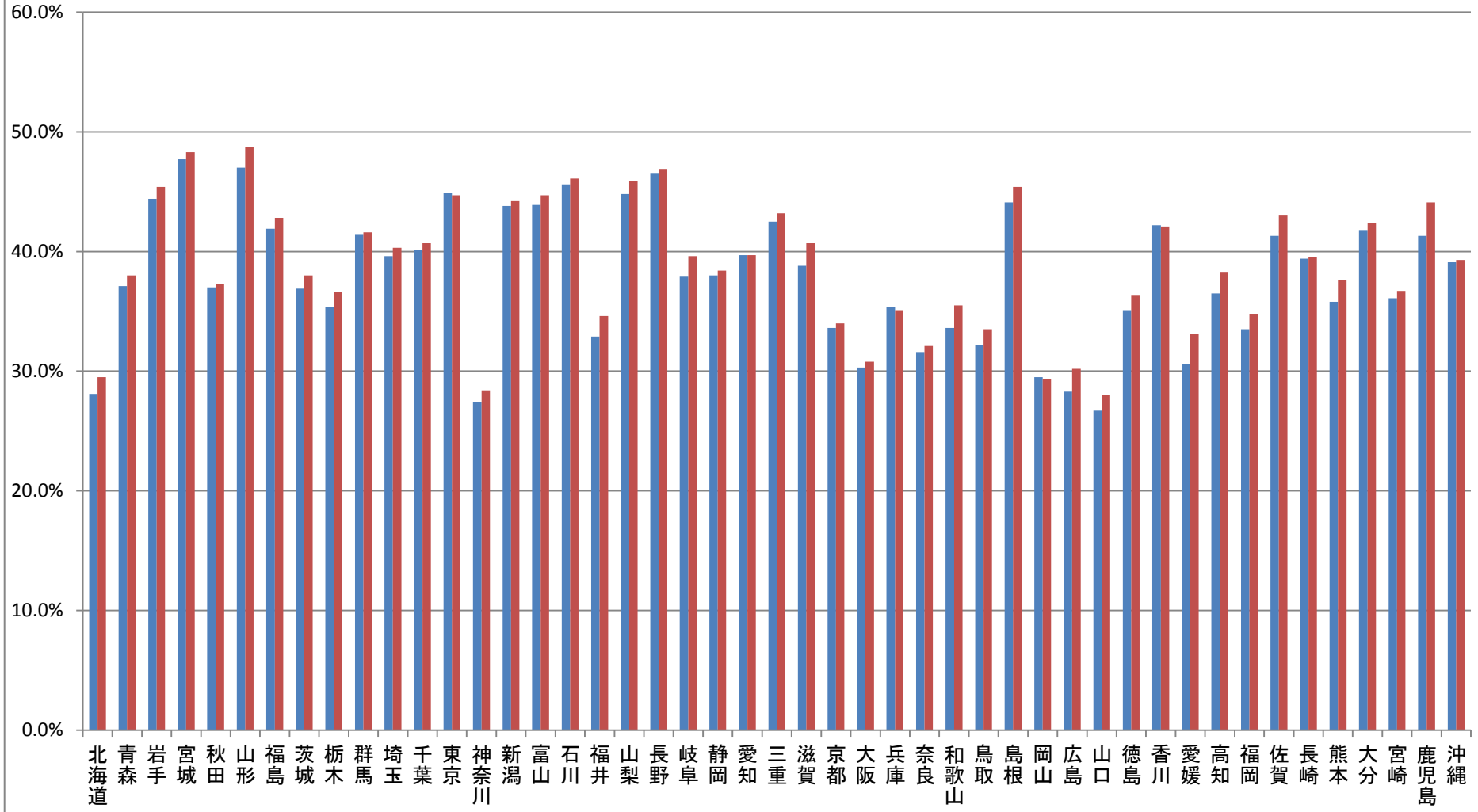
市町村国保 都道府県別特定健康診査実施状況(平成30年度速報値)

| | 平成30年度速報値 | | | | (参考)平成29年度速報値 | | |
|-----|-------------|-------------|-------|-------|---------------|-------------|-------|
| | 特定健診対象者数(人) | 特定健診受診者数(人) | 実施率 | 対前年差 | 特定健診対象者数(人) | 特定健診受診者数(人) | 実施率 |
| 北海道 | 804,568 | 237,200 | 29.5% | 1.4% | 835,491 | 234,725 | 28.1% |
| 青森 | 230,026 | 87,325 | 38.0% | 0.9% | 239,724 | 88,990 | 37.1% |
| 岩手 | 201,368 | 91,374 | 45.4% | 1.0% | 208,829 | 92,669 | 44.4% |
| 宮城 | 332,499 | 160,680 | 48.3% | 0.6% | 343,628 | 163,833 | 47.7% |
| 秋田 | 167,792 | 62,563 | 37.3% | 0.3% | 174,093 | 64,363 | 37.0% |
| 山形 | 169,313 | 82,429 | 48.7% | 1.7% | 174,880 | 82,128 | 47.0% |
| 福島 | 304,080 | 130,051 | 42.8% | 0.9% | 315,113 | 132,015 | 41.9% |
| 茨城 | 493,999 | 187,855 | 38.0% | 1.1% | 515,879 | 190,395 | 36.9% |
| 栃木 | 329,247 | 120,584 | 36.6% | 1.2% | 342,017 | 121,165 | 35.4% |
| 群馬 | 324,977 | 135,222 | 41.6% | 0.2% | 338,118 | 139,980 | 41.4% |
| 埼玉 | 1,109,949 | 447,261 | 40.3% | 0.7% | 1,162,053 | 460,532 | 39.6% |
| 千葉 | 965,801 | 393,526 | 40.7% | 0.6% | 1,011,173 | 405,100 | 40.1% |
| 東京 | 1,848,708 | 826,994 | 44.7% | -0.2% | 1,928,455 | 865,640 | 44.9% |
| 神奈川 | 1,288,106 | 365,754 | 28.4% | 1.0% | 1,345,759 | 369,231 | 27.4% |
| 新潟 | 351,925 | 155,626 | 44.2% | 0.4% | 363,768 | 159,233 | 43.8% |
| 富山 | 149,884 | 66,999 | 44.7% | 0.8% | 155,366 | 68,129 | 43.9% |
| 石川 | 166,049 | 76,571 | 46.1% | 0.5% | 172,774 | 78,819 | 45.6% |
| 福井 | 108,938 | 37,691 | 34.6% | 1.7% | 112,801 | 37,056 | 32.9% |
| 山梨 | 139,872 | 64,144 | 45.9% | 1.1% | 145,798 | 65,248 | 44.8% |
| 長野 | 327,649 | 153,815 | 46.9% | 0.4% | 340,130 | 158,075 | 46.5% |
| 岐阜 | 316,612 | 125,449 | 39.6% | 1.7% | 329,735 | 125,075 | 37.9% |
| 静岡 | 587,896 | 226,032 | 38.4% | 0.4% | 612,830 | 232,597 | 38.0% |
| 愛知 | 1,047,859 | 415,553 | 39.7% | 0.0% | 1,085,356 | 431,058 | 39.7% |
| 三重 | 273,661 | 118,224 | 43.2% | 0.7% | 284,785 | 121,014 | 42.5% |
| 滋賀 | 197,073 | 80,221 | 40.7% | 1.9% | 202,747 | 78,691 | 38.8% |
| 京都 | 380,589 | 129,553 | 34.0% | 0.4% | 394,331 | 132,519 | 33.6% |
| 大阪 | 1,314,490 | 404,287 | 30.8% | 0.5% | 1,369,207 | 415,473 | 30.3% |
| 兵庫 | 820,585 | 288,219 | 35.1% | -0.3% | 850,436 | 301,379 | 35.4% |
| 奈良 | 221,365 | 71,109 | 32.1% | 0.5% | 229,778 | 72,646 | 31.6% |
| 和歌山 | 179,639 | 63,733 | 35.5% | 1.9% | 185,880 | 62,472 | 33.6% |
| 鳥取 | 88,234 | 29,524 | 33.5% | 1.3% | 91,228 | 29,377 | 32.2% |
| 島根 | 100,271 | 45,491 | 45.4% | 1.3% | 103,580 | 45,634 | 44.1% |
| 岡山 | 277,855 | 81,435 | 29.3% | -0.2% | 287,489 | 84,666 | 29.5% |
| 広島 | 402,537 | 121,717 | 30.2% | 1.9% | 416,266 | 117,914 | 28.3% |
| 山口 | 220,953 | 61,769 | 28.0% | 1.3% | 228,633 | 61,018 | 26.7% |
| 徳島 | 115,768 | 42,065 | 36.3% | 1.2% | 118,383 | 41,569 | 35.1% |
| 香川 | 148,778 | 62,663 | 42.1% | -0.1% | 153,300 | 64,717 | 42.2% |
| 愛媛 | 230,687 | 76,277 | 33.1% | 2.5% | 237,610 | 72,682 | 30.6% |
| 高知 | 125,359 | 47,999 | 38.3% | 1.8% | 129,675 | 47,358 | 36.5% |
| 福岡 | 722,453 | 251,720 | 34.8% | 1.3% | 741,890 | 248,390 | 33.5% |
| 佐賀 | 123,410 | 53,094 | 43.0% | 1.7% | 127,246 | 52,552 | 41.3% |
| 長崎 | 235,815 | 93,264 | 39.5% | 0.1% | 242,621 | 95,487 | 39.4% |
| 熊本 | 293,676 | 110,320 | 37.6% | 1.8% | 302,484 | 108,158 | 35.8% |
| 大分 | 180,040 | 76,258 | 42.4% | 0.6% | 185,993 | 77,717 | 41.8% |
| 宮崎 | 190,751 | 69,993 | 36.7% | 0.6% | 196,465 | 70,962 | 36.1% |
| 鹿児島 | 271,278 | 119,658 | 44.1% | 2.8% | 278,875 | 115,191 | 41.3% |
| 沖縄 | 234,514 | 92,145 | 39.3% | 0.2% | 239,458 | 93,670 | 39.1% |
| 全国 | 19,116,898 | 7,241,436 | 37.9% | 0.7% | 19,852,130 | 7,377,312 | 37.2% |

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市町村国保 都道府県別の特定健康診査実施率(平成30年度速報値)

■ 平成29年度実施率(速報値) 全国平均: 37.2%
■ 平成30年度実施率(速報値) 全国平均: 37.9%



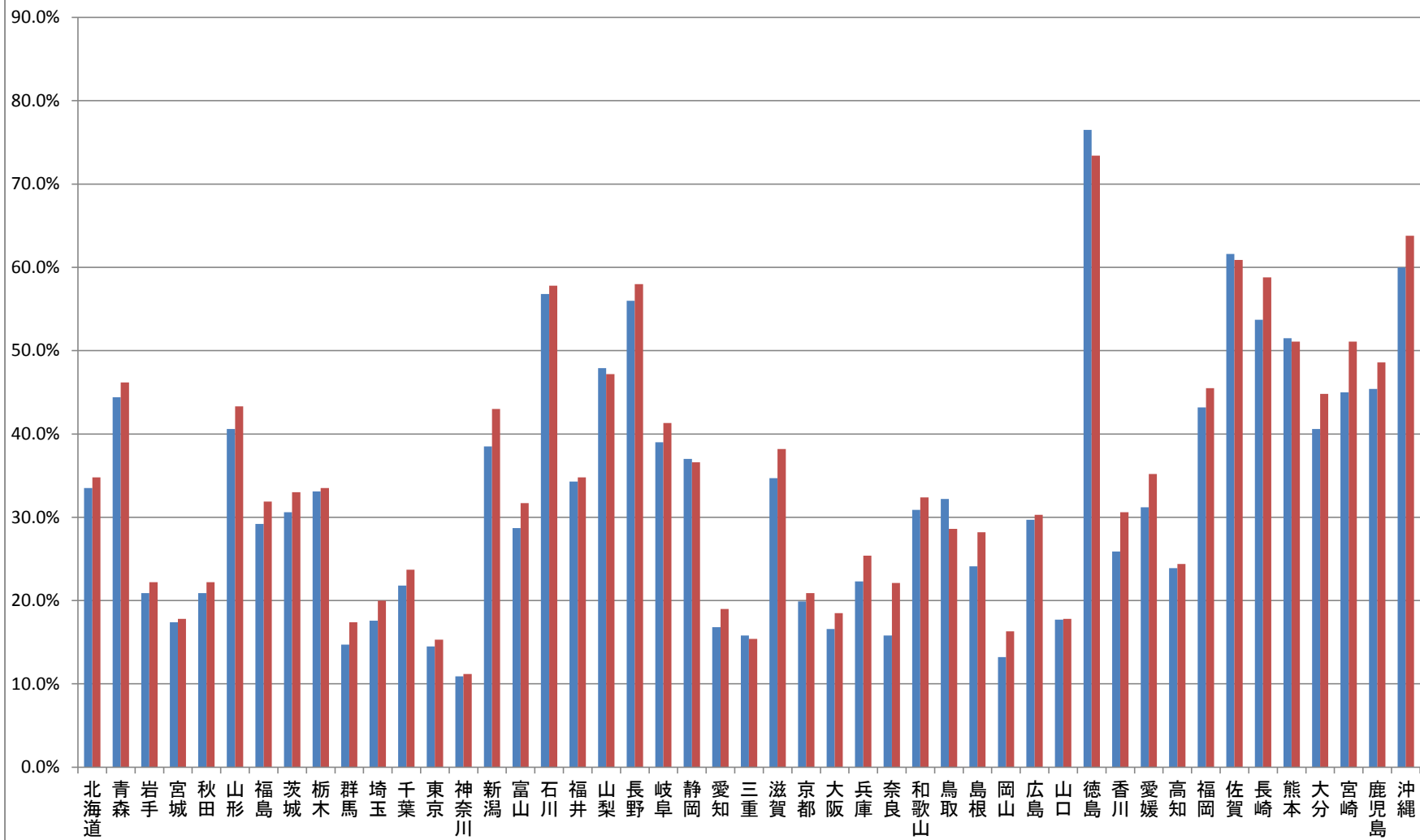
市町村国保 都道府県別特定保健指導実施状況(平成30年度速報値)

| | 平成30年度速報値 | | | | (参考)平成29年度速報値 | | |
|-----|-------------------|-------------------|-------|-------|-------------------|-------------------|-------|
| | 特定保健指導 対象者数(人) | 特定保健指導 終了者数(人) | 実施率 | 対前年差 | 特定保健指導 対象者数(人) | 特定保健指導 終了者数(人) | 実施率 |
| 北海道 | 27,628 | 9,616 | 34.8% | 1.3% | 27,312 | 9,146 | 33.5% |
| 青森 | 8,403 | 3,883 | 46.2% | 1.8% | 8,677 | 3,855 | 44.4% |
| 岩手 | 12,080 | 2,684 | 22.2% | 1.3% | 12,237 | 2,560 | 20.9% |
| 宮城 | 22,369 | 3,986 | 17.8% | 0.4% | 23,157 | 4,028 | 17.4% |
| 秋田 | 7,748 | 1,718 | 22.2% | 1.3% | 7,945 | 1,664 | 20.9% |
| 山形 | 8,902 | 3,852 | 43.3% | 2.7% | 8,776 | 3,564 | 40.6% |
| 福島 | 15,064 | 4,812 | 31.9% | 2.7% | 15,502 | 4,534 | 29.2% |
| 茨城 | 26,596 | 8,773 | 33.0% | 2.4% | 26,765 | 8,191 | 30.6% |
| 栃木 | 13,730 | 4,604 | 33.5% | 0.4% | 14,137 | 4,679 | 33.1% |
| 群馬 | 16,012 | 2,780 | 17.4% | 2.7% | 16,756 | 2,467 | 14.7% |
| 埼玉 | 53,262 | 10,630 | 20.0% | 2.4% | 54,495 | 9,573 | 17.6% |
| 千葉 | 48,111 | 11,425 | 23.7% | 1.9% | 49,599 | 10,809 | 21.8% |
| 東京 | 95,580 | 14,613 | 15.3% | 0.8% | 98,542 | 14,271 | 14.5% |
| 神奈川 | 41,447 | 4,658 | 11.2% | 0.3% | 41,828 | 4,560 | 10.9% |
| 新潟 | 16,407 | 7,049 | 43.0% | 4.5% | 17,347 | 6,674 | 38.5% |
| 富山 | 7,818 | 2,481 | 31.7% | 3.0% | 8,044 | 2,310 | 28.7% |
| 石川 | 7,886 | 4,560 | 57.8% | 1.0% | 8,154 | 4,628 | 56.8% |
| 福井 | 4,622 | 1,609 | 34.8% | 0.5% | 4,426 | 1,517 | 34.3% |
| 山梨 | 7,210 | 3,401 | 47.2% | -0.7% | 6,755 | 3,233 | 47.9% |
| 長野 | 16,498 | 9,573 | 58.0% | 2.0% | 16,806 | 9,418 | 56.0% |
| 岐阜 | 13,489 | 5,576 | 41.3% | 2.3% | 13,088 | 5,098 | 39.0% |
| 静岡 | 22,874 | 8,375 | 36.6% | -0.4% | 23,530 | 8,704 | 37.0% |
| 愛知 | 45,867 | 8,693 | 19.0% | 2.2% | 47,746 | 8,012 | 16.8% |
| 三重 | 12,190 | 1,873 | 15.4% | -0.4% | 13,337 | 2,101 | 15.8% |
| 滋賀 | 8,385 | 3,199 | 38.2% | 3.5% | 8,388 | 2,913 | 34.7% |
| 京都 | 14,707 | 3,077 | 20.9% | 1.0% | 15,251 | 3,039 | 19.9% |
| 大阪 | 48,122 | 8,916 | 18.5% | 1.9% | 48,537 | 8,073 | 16.6% |
| 兵庫 | 31,628 | 8,023 | 25.4% | 3.1% | 33,296 | 7,428 | 22.3% |
| 奈良 | 7,503 | 1,656 | 22.1% | 6.3% | 7,899 | 1,247 | 15.8% |
| 和歌山 | 7,086 | 2,299 | 32.4% | 1.5% | 6,765 | 2,093 | 30.9% |
| 鳥取 | 3,239 | 927 | 28.6% | -3.6% | 3,262 | 1,050 | 32.2% |
| 島根 | 4,390 | 1,239 | 28.2% | 4.1% | 4,435 | 1,070 | 24.1% |
| 岡山 | 10,248 | 1,671 | 16.3% | 3.1% | 10,603 | 1,395 | 13.2% |
| 広島 | 15,077 | 4,572 | 30.3% | 0.6% | 14,456 | 4,291 | 29.7% |
| 山口 | 6,583 | 1,173 | 17.8% | 0.1% | 6,500 | 1,149 | 17.7% |
| 徳島 | 5,187 | 3,808 | 73.4% | -3.1% | 5,271 | 4,032 | 76.5% |
| 香川 | 8,288 | 2,532 | 30.6% | 4.7% | 8,487 | 2,200 | 25.9% |
| 愛媛 | 9,672 | 3,402 | 35.2% | 4.0% | 9,485 | 2,958 | 31.2% |
| 高知 | 7,074 | 1,725 | 24.4% | 0.5% | 6,953 | 1,662 | 23.9% |
| 福岡 | 30,665 | 13,966 | 45.5% | 2.3% | 30,535 | 13,177 | 43.2% |
| 佐賀 | 6,128 | 3,729 | 60.9% | -0.7% | 5,842 | 3,601 | 61.6% |
| 長崎 | 9,776 | 5,753 | 58.8% | 5.1% | 10,059 | 5,402 | 53.7% |
| 熊本 | 13,274 | 6,777 | 51.1% | -0.4% | 12,937 | 6,659 | 51.5% |
| 大分 | 8,770 | 3,931 | 44.8% | 4.2% | 9,245 | 3,754 | 40.6% |
| 宮崎 | 8,150 | 4,161 | 51.1% | 6.1% | 8,402 | 3,783 | 45.0% |
| 鹿児島 | 12,919 | 6,285 | 48.6% | 3.2% | 12,194 | 5,532 | 45.4% |
| 沖縄 | 14,780 | 9,432 | 63.8% | 3.8% | 14,944 | 8,969 | 60.0% |
| 全国 | 843,444 | 243,477 | 28.9% | 2.0% | 858,707 | 231,073 | 26.9% |

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市町村国保 都道府県別の特定保健指導実施率(平成30年度速報値)

■ 平成29年度実施率(速報値) 全国平均: 26.9%
■ 平成30年度実施率(速報値) 全国平均: 28.9%



市町村国保 都道府県別内臓脂肪症候群該当者・予備群者割合(平成30年度速報値)

| 都道府県 | 平成30年度速報値 | | | | | | | (参考) 平成29年度速報値 |
|------|---------------|--------------------|-------|---------------------|-------|-----------------------|------|-----------------------|
| | 評価対象者数 (人) | 内臓脂肪症候群 該当者数(人) | 割合 | 内臓脂肪症候群 予備群者数(人) | 割合 | 内臓脂肪症候群 該当者・予備群者割合 | 対前年差 | 内臓脂肪症候群 該当者・予備群者割合 |
| 北海道 | 237,438 | 42,734 | 18.0% | 25,178 | 10.6% | 28.6% | 0.4% | 28.2% |
| 青森 | 87,413 | 15,954 | 18.3% | 9,548 | 10.9% | 29.2% | 0.7% | 28.5% |
| 岩手 | 91,543 | 18,157 | 19.8% | 10,198 | 11.1% | 31.0% | 1.2% | 29.8% |
| 宮城 | 160,716 | 36,176 | 22.5% | 17,432 | 10.8% | 33.4% | 0.9% | 32.5% |
| 秋田 | 62,745 | 11,650 | 18.6% | 6,876 | 11.0% | 29.5% | 0.6% | 28.9% |
| 山形 | 82,438 | 14,290 | 17.3% | 7,589 | 9.2% | 26.5% | 0.6% | 25.9% |
| 福島 | 130,073 | 27,493 | 21.1% | 16,207 | 12.5% | 33.6% | 0.6% | 33.0% |
| 茨城 | 187,911 | 35,230 | 18.7% | 18,722 | 10.0% | 28.7% | 0.9% | 27.8% |
| 栃木 | 120,850 | 22,345 | 18.5% | 13,967 | 11.6% | 30.0% | 0.2% | 29.8% |
| 群馬 | 135,270 | 25,889 | 19.1% | 14,932 | 11.0% | 30.2% | 0.7% | 29.5% |
| 埼玉 | 447,479 | 82,562 | 18.5% | 49,778 | 11.1% | 29.6% | 0.9% | 28.7% |
| 千葉 | 393,757 | 71,193 | 18.1% | 44,124 | 11.2% | 29.3% | 0.8% | 28.5% |
| 東京 | 828,058 | 149,101 | 18.0% | 90,568 | 10.9% | 28.9% | 0.7% | 28.2% |
| 神奈川 | 365,881 | 61,932 | 16.9% | 39,751 | 10.9% | 27.8% | 1.2% | 26.6% |
| 新潟 | 155,734 | 28,850 | 18.5% | 14,077 | 9.0% | 27.6% | 0.4% | 27.2% |
| 富山 | 67,042 | 14,829 | 22.1% | 6,699 | 10.0% | 32.1% | 0.7% | 31.4% |
| 石川 | 76,589 | 15,847 | 20.7% | 8,016 | 10.5% | 31.2% | 0.8% | 30.4% |
| 福井 | 37,714 | 7,324 | 19.4% | 4,158 | 11.0% | 30.4% | 0.8% | 29.6% |
| 山梨 | 64,217 | 10,669 | 16.6% | 6,728 | 10.5% | 27.1% | 1.1% | 26.0% |
| 長野 | 153,881 | 26,681 | 17.3% | 15,688 | 10.2% | 27.5% | 0.6% | 26.9% |
| 岐阜 | 125,503 | 22,488 | 17.9% | 12,886 | 10.3% | 28.2% | 1.5% | 26.7% |
| 静岡 | 226,208 | 38,993 | 17.2% | 22,626 | 10.0% | 27.2% | 0.7% | 26.5% |
| 愛知 | 415,871 | 82,511 | 19.8% | 43,807 | 10.5% | 30.4% | 0.7% | 29.7% |
| 三重 | 118,338 | 23,593 | 19.9% | 12,806 | 10.8% | 30.8% | 0.8% | 30.0% |
| 滋賀 | 80,250 | 15,000 | 18.7% | 8,458 | 10.5% | 29.2% | 0.6% | 28.6% |
| 京都 | 129,597 | 23,003 | 17.7% | 13,583 | 10.5% | 28.2% | 0.6% | 27.6% |
| 大阪 | 404,578 | 73,145 | 18.1% | 46,013 | 11.4% | 29.5% | 0.8% | 28.7% |
| 兵庫 | 288,339 | 50,198 | 17.4% | 29,716 | 10.3% | 27.7% | 0.7% | 27.0% |
| 奈良 | 71,186 | 12,353 | 17.4% | 7,807 | 11.0% | 28.3% | 0.6% | 27.7% |
| 和歌山 | 63,784 | 11,624 | 18.2% | 7,145 | 11.2% | 29.4% | 1.1% | 28.3% |
| 鳥取 | 29,525 | 5,268 | 17.8% | 3,213 | 10.9% | 28.7% | 1.2% | 27.5% |
| 島根 | 45,500 | 8,910 | 19.6% | 5,040 | 11.1% | 30.7% | 1.4% | 29.3% |
| 岡山 | 81,564 | 15,629 | 19.2% | 9,008 | 11.0% | 30.2% | 0.8% | 29.4% |
| 広島 | 121,750 | 23,854 | 19.6% | 13,175 | 10.8% | 30.4% | 1.0% | 29.4% |
| 山口 | 61,815 | 10,720 | 17.3% | 6,703 | 10.8% | 28.2% | 0.9% | 27.3% |
| 徳島 | 42,066 | 8,242 | 19.6% | 4,978 | 11.8% | 31.4% | 0.8% | 30.6% |
| 香川 | 62,677 | 13,330 | 21.3% | 6,541 | 10.4% | 31.7% | 0.9% | 30.8% |
| 愛媛 | 76,286 | 13,562 | 17.8% | 8,404 | 11.0% | 28.8% | 0.8% | 28.0% |
| 高知 | 48,014 | 10,223 | 21.3% | 5,900 | 12.3% | 33.6% | 1.1% | 32.5% |
| 福岡 | 251,802 | 46,275 | 18.4% | 29,603 | 11.8% | 30.1% | 0.9% | 29.2% |
| 佐賀 | 53,202 | 10,304 | 19.4% | 6,465 | 12.2% | 31.5% | 1.4% | 30.1% |
| 長崎 | 93,325 | 18,508 | 19.8% | 11,107 | 11.9% | 31.7% | 0.4% | 31.3% |
| 熊本 | 110,357 | 20,792 | 18.8% | 13,267 | 12.0% | 30.9% | 1.6% | 29.3% |
| 大分 | 76,337 | 13,697 | 17.9% | 9,038 | 11.8% | 29.8% | 0.3% | 29.5% |
| 宮崎 | 70,008 | 13,593 | 19.4% | 9,272 | 13.2% | 32.7% | 0.8% | 31.9% |
| 鹿児島 | 119,789 | 23,894 | 19.9% | 14,797 | 12.4% | 32.3% | 1.5% | 30.8% |
| 沖縄 | 92,166 | 21,681 | 23.5% | 13,827 | 15.0% | 38.5% | 0.8% | 37.7% |
| 全国 | 7,246,586 | 1,350,296 | 18.6% | 795,421 | 11.0% | 29.6% | 0.8% | 28.8% |

※平成30年度速報値は、保険者が社会保険診療報酬支払基金に報告した平成30年度の特定健康診査等の実績報告データをベースとしたファイルの集計結果

市町村国保 都道府県別 服薬者の状況(平成30年度速報値)

| 都道府県 | 評価対象者数 (人) | 高血圧症の治療に係る薬剤を服用している者 | | 脂質異常症の治療に係る薬剤を服用している者(人) | | 糖尿病の治療に係る薬剤を服用している者 | |
|------|---------------|----------------------|-------|--------------------------|-------|---------------------|-------|
| | | (人) | 割合 | (人) | 割合 | (人) | 割合 |
| 北海道 | 237,438 | 82,195 | 34.6% | 63,455 | 26.7% | 19,256 | 8.1% |
| 青森 | 87,413 | 36,431 | 41.7% | 22,954 | 26.3% | 8,854 | 10.1% |
| 岩手 | 91,543 | 33,415 | 36.5% | 18,937 | 20.7% | 8,266 | 9.0% |
| 宮城 | 160,716 | 59,853 | 37.2% | 44,153 | 27.5% | 14,946 | 9.3% |
| 秋田 | 62,745 | 23,226 | 37.0% | 16,095 | 25.7% | 5,124 | 8.2% |
| 山形 | 82,438 | 31,358 | 38.0% | 20,730 | 25.1% | 7,270 | 8.8% |
| 福島 | 130,073 | 52,720 | 40.5% | 36,251 | 27.9% | 12,877 | 9.9% |
| 茨城 | 187,911 | 61,479 | 32.7% | 42,283 | 22.5% | 14,420 | 7.7% |
| 栃木 | 120,850 | 42,908 | 35.5% | 31,832 | 26.3% | 10,147 | 8.4% |
| 群馬 | 135,270 | 49,482 | 36.6% | 33,455 | 24.7% | 11,441 | 8.5% |
| 埼玉 | 447,479 | 157,905 | 35.3% | 112,730 | 25.2% | 36,381 | 8.1% |
| 千葉 | 393,757 | 131,007 | 33.3% | 96,912 | 24.6% | 29,371 | 7.5% |
| 東京 | 828,058 | 268,626 | 32.4% | 204,452 | 24.7% | 63,907 | 7.7% |
| 神奈川 | 365,881 | 119,601 | 32.7% | 93,869 | 25.7% | 23,617 | 6.5% |
| 新潟 | 155,734 | 56,346 | 36.2% | 41,587 | 26.7% | 12,593 | 8.1% |
| 富山 | 67,042 | 25,712 | 38.4% | 19,548 | 29.2% | 5,873 | 8.8% |
| 石川 | 76,589 | 29,540 | 38.6% | 23,296 | 30.4% | 7,986 | 10.4% |
| 福井 | 37,714 | 13,167 | 34.9% | 9,831 | 26.1% | 3,447 | 9.1% |
| 山梨 | 64,217 | 20,983 | 32.7% | 14,354 | 22.4% | 5,491 | 8.6% |
| 長野 | 153,881 | 53,077 | 34.5% | 39,464 | 25.6% | 13,153 | 8.5% |
| 岐阜 | 125,503 | 43,593 | 34.7% | 33,001 | 26.3% | 11,196 | 8.9% |
| 静岡 | 226,208 | 79,750 | 35.3% | 62,734 | 27.7% | 18,151 | 8.0% |
| 愛知 | 415,871 | 149,927 | 36.1% | 119,756 | 28.8% | 38,856 | 9.3% |
| 三重 | 118,338 | 44,457 | 37.6% | 34,657 | 29.3% | 10,398 | 8.8% |
| 滋賀 | 80,250 | 28,883 | 36.0% | 23,389 | 29.1% | 6,649 | 8.3% |
| 京都 | 129,597 | 42,527 | 32.8% | 34,721 | 26.8% | 9,502 | 7.3% |
| 大阪 | 404,578 | 138,028 | 34.1% | 103,173 | 25.5% | 31,861 | 7.9% |
| 兵庫 | 288,339 | 94,158 | 32.7% | 76,457 | 26.5% | 22,136 | 7.7% |
| 奈良 | 71,186 | 24,227 | 34.0% | 19,442 | 27.3% | 5,394 | 7.6% |
| 和歌山 | 63,784 | 23,703 | 37.2% | 16,652 | 26.1% | 5,330 | 8.4% |
| 鳥取 | 29,525 | 10,339 | 35.0% | 8,052 | 27.3% | 2,327 | 7.9% |
| 島根 | 45,500 | 18,048 | 39.7% | 13,813 | 30.4% | 4,054 | 8.9% |
| 岡山 | 81,564 | 27,507 | 33.7% | 21,371 | 26.2% | 6,104 | 7.5% |
| 広島 | 121,750 | 40,741 | 33.5% | 32,146 | 26.4% | 10,112 | 8.3% |
| 山口 | 61,815 | 22,329 | 36.1% | 16,605 | 26.9% | 4,673 | 7.6% |
| 徳島 | 42,066 | 15,733 | 37.4% | 10,212 | 24.3% | 3,491 | 8.3% |
| 香川 | 62,677 | 23,024 | 36.7% | 15,879 | 25.3% | 5,724 | 9.1% |
| 愛媛 | 76,286 | 25,024 | 32.8% | 18,435 | 24.2% | 5,264 | 6.9% |
| 高知 | 48,014 | 17,319 | 36.1% | 9,655 | 20.1% | 4,277 | 8.9% |
| 福岡 | 251,802 | 84,110 | 33.4% | 61,142 | 24.3% | 21,289 | 8.5% |
| 佐賀 | 53,202 | 18,768 | 35.3% | 13,597 | 25.6% | 5,529 | 10.4% |
| 長崎 | 93,325 | 38,887 | 41.7% | 24,738 | 26.5% | 8,552 | 9.2% |
| 熊本 | 110,357 | 39,630 | 35.9% | 25,984 | 23.5% | 9,344 | 8.5% |
| 大分 | 76,337 | 27,204 | 35.6% | 19,247 | 25.2% | 7,146 | 9.4% |
| 宮崎 | 70,008 | 27,940 | 39.9% | 15,463 | 22.1% | 6,343 | 9.1% |
| 鹿児島 | 119,789 | 50,026 | 41.8% | 29,501 | 24.6% | 12,979 | 10.8% |
| 沖縄 | 92,166 | 34,732 | 37.7% | 20,085 | 21.8% | 8,885 | 9.6% |
| 全国 | 7,246,586 | 2,539,645 | 35.0% | 1,866,095 | 25.8% | 599,986 | 8.3% |

※ 平成30年度速報値は、保険者が社会保険診療報酬支払基金に報告した平成30年度の特定健康診査等の実績報告データをベースとしたファイルの集計結果

市町村国保 都道府県別特定健康診査等実施状況(平成30年度速報値)

| | 特定健康診査 | | | | 特定保健指導(動機付け支援) | | | | | | | 特定保健指導(積極的支援) | | | | | | |
|-----|-------------|-------------|-------|----|----------------|-------------|-------|----|-------------|-------|----|---------------|-------------|-------|----|-------------|-------|----|
| | 対象者数 (人) | 受診者数 (人) | 実施率 | 順位 | 対象者数 (人) | 利用者数 (人) | 利用率 | 順位 | 終了者数 (人) | 実施率 | 順位 | 対象者数 (人) | 利用者数 (人) | 利用率 | 順位 | 終了者数 (人) | 実施率 | 順位 |
| 北海道 | 804,568 | 237,200 | 29.5% | 44 | 21,072 | 8,476 | 40.2% | 22 | 8,153 | 38.7% | 22 | 6,556 | 2,149 | 32.8% | 20 | 1,463 | 22.3% | 18 |
| 青森 | 230,026 | 87,325 | 38.0% | 27 | 6,108 | 3,163 | 51.8% | 13 | 3,164 | 51.8% | 11 | 2,295 | 892 | 38.9% | 14 | 719 | 31.3% | 8 |
| 岩手 | 201,368 | 91,374 | 45.4% | 6 | 9,209 | 2,331 | 25.3% | 36 | 2,228 | 24.2% | 35 | 2,871 | 537 | 18.7% | 34 | 456 | 15.9% | 29 |
| 宮城 | 332,499 | 160,680 | 48.3% | 2 | 16,562 | 3,528 | 21.3% | 41 | 3,269 | 19.7% | 41 | 5,807 | 1,027 | 17.7% | 37 | 717 | 12.3% | 36 |
| 秋田 | 167,792 | 62,563 | 37.3% | 30 | 6,016 | 1,539 | 25.6% | 35 | 1,489 | 24.8% | 34 | 1,732 | 315 | 18.2% | 36 | 229 | 13.2% | 32 |
| 山形 | 169,313 | 82,429 | 48.7% | 1 | 6,567 | 3,445 | 52.5% | 12 | 3,272 | 49.8% | 13 | 2,335 | 978 | 41.9% | 11 | 580 | 24.8% | 15 |
| 福島 | 304,080 | 130,051 | 42.8% | 14 | 11,362 | 4,388 | 38.6% | 25 | 4,062 | 35.8% | 25 | 3,702 | 1,116 | 30.1% | 23 | 750 | 20.3% | 22 |
| 茨城 | 493,999 | 187,855 | 38.0% | 27 | 19,499 | 8,209 | 42.1% | 18 | 7,547 | 38.7% | 22 | 7,097 | 2,520 | 35.5% | 17 | 1,226 | 17.3% | 27 |
| 栃木 | 329,247 | 120,584 | 36.6% | 32 | 10,676 | 4,231 | 39.6% | 24 | 3,926 | 36.8% | 24 | 3,054 | 1,073 | 35.1% | 18 | 678 | 22.2% | 19 |
| 群馬 | 324,977 | 135,222 | 41.6% | 17 | 12,393 | 2,416 | 19.5% | 42 | 2,395 | 19.3% | 42 | 3,619 | 488 | 13.5% | 42 | 385 | 10.6% | 38 |
| 埼玉 | 1,109,949 | 447,261 | 40.3% | 20 | 41,586 | 9,978 | 24.0% | 38 | 9,439 | 22.7% | 38 | 11,676 | 1,602 | 13.7% | 41 | 1,191 | 10.2% | 40 |
| 千葉 | 965,801 | 393,526 | 40.7% | 18 | 37,526 | 10,467 | 27.9% | 33 | 9,841 | 26.2% | 33 | 10,585 | 2,255 | 21.3% | 33 | 1,584 | 15.0% | 30 |
| 東京 | 1,848,708 | 826,994 | 44.7% | 8 | 68,867 | 12,581 | 18.3% | 46 | 12,352 | 17.9% | 44 | 26,713 | 3,968 | 14.9% | 40 | 2,261 | 8.5% | 45 |
| 神奈川 | 1,288,106 | 365,754 | 28.4% | 46 | 32,660 | 4,325 | 13.2% | 47 | 4,220 | 12.9% | 47 | 8,787 | 709 | 8.1% | 47 | 438 | 5.0% | 47 |
| 新潟 | 351,925 | 155,626 | 44.2% | 10 | 12,698 | 6,393 | 50.3% | 14 | 6,004 | 47.3% | 15 | 3,709 | 1,559 | 42.0% | 10 | 1,045 | 28.2% | 12 |
| 富山 | 149,884 | 66,999 | 44.7% | 8 | 6,360 | 2,279 | 35.8% | 26 | 2,183 | 34.3% | 26 | 1,458 | 405 | 27.8% | 26 | 298 | 20.4% | 21 |
| 石川 | 166,049 | 76,571 | 46.1% | 4 | 6,241 | 4,113 | 65.9% | 5 | 4,079 | 65.4% | 5 | 1,645 | 827 | 50.3% | 7 | 481 | 29.2% | 9 |
| 福井 | 108,938 | 37,691 | 34.6% | 37 | 3,665 | 1,465 | 40.0% | 23 | 1,423 | 38.8% | 21 | 957 | 299 | 31.2% | 22 | 186 | 19.4% | 23 |
| 山梨 | 139,872 | 64,144 | 45.9% | 5 | 5,182 | 3,258 | 62.9% | 7 | 2,871 | 55.4% | 9 | 2,028 | 920 | 45.4% | 9 | 530 | 26.1% | 14 |
| 長野 | 327,649 | 153,815 | 46.9% | 3 | 12,934 | 8,631 | 66.7% | 4 | 8,053 | 62.3% | 6 | 3,564 | 2,177 | 61.1% | 3 | 1,520 | 42.6% | 3 |
| 岐阜 | 316,612 | 125,449 | 39.6% | 22 | 10,785 | 5,155 | 47.8% | 16 | 4,924 | 45.7% | 16 | 2,704 | 977 | 36.1% | 16 | 652 | 24.1% | 16 |
| 静岡 | 587,896 | 226,032 | 38.4% | 25 | 17,872 | 7,702 | 43.1% | 17 | 7,448 | 41.7% | 17 | 5,002 | 1,573 | 31.4% | 21 | 927 | 18.5% | 25 |
| 愛知 | 1,047,859 | 415,553 | 39.7% | 21 | 35,749 | 8,001 | 22.4% | 39 | 7,566 | 21.2% | 40 | 10,118 | 1,642 | 16.2% | 39 | 1,127 | 11.1% | 37 |
| 三重 | 273,661 | 118,224 | 43.2% | 12 | 9,761 | 1,835 | 18.8% | 43 | 1,715 | 17.6% | 46 | 2,429 | 216 | 8.9% | 46 | 158 | 6.5% | 46 |
| 滋賀 | 197,073 | 80,221 | 40.7% | 18 | 6,729 | 2,788 | 41.4% | 20 | 2,803 | 41.7% | 17 | 1,656 | 582 | 35.1% | 18 | 396 | 23.9% | 17 |
| 京都 | 380,589 | 129,553 | 34.0% | 38 | 11,278 | 3,048 | 27.0% | 34 | 2,731 | 24.2% | 35 | 3,429 | 559 | 16.3% | 38 | 346 | 10.1% | 41 |
| 大阪 | 1,314,490 | 404,287 | 30.8% | 42 | 36,557 | 8,112 | 22.2% | 40 | 7,896 | 21.6% | 39 | 11,565 | 1,537 | 13.3% | 43 | 1,020 | 8.8% | 44 |
| 兵庫 | 820,585 | 288,219 | 35.1% | 35 | 25,170 | 8,097 | 32.2% | 30 | 7,395 | 29.4% | 31 | 6,458 | 1,448 | 22.4% | 28 | 628 | 9.7% | 42 |
| 奈良 | 221,365 | 71,109 | 32.1% | 41 | 6,051 | 1,480 | 24.5% | 37 | 1,458 | 24.1% | 37 | 1,452 | 320 | 22.0% | 30 | 198 | 13.6% | 31 |
| 和歌山 | 179,639 | 63,733 | 35.5% | 34 | 5,299 | 2,221 | 41.9% | 19 | 2,066 | 39.0% | 20 | 1,787 | 445 | 24.9% | 27 | 233 | 13.0% | 35 |

| | 特定健康診査 | | | | 特定保健指導(動機付け支援) | | | | | | | | 特定保健指導(積極的支援) | | | | | | | |
|-----|-------------|-------------|-------|----|----------------|-------------|-------|----|-------------|-------|----|-------------|---------------|-------|----|-------------|-------|----|--|--|
| | 対象者数 (人) | 受診者数 (人) | 実施率 | 順位 | 対象者数 (人) | 利用者数 (人) | 利用率 | 順位 | 終了者数 (人) | 実施率 | 順位 | 対象者数 (人) | 利用者数 (人) | 利用率 | 順位 | 終了者数 (人) | 実施率 | 順位 | | |
| 鳥取 | 88,234 | 29,524 | 33.5% | 39 | 2,599 | 915 | 35.2% | 28 | 843 | 32.4% | 29 | 640 | 141 | 22.0% | 30 | 84 | 13.1% | 34 | | |
| 島根 | 100,271 | 45,491 | 45.4% | 6 | 3,593 | 1,042 | 29.0% | 31 | 1,099 | 30.6% | 30 | 797 | 174 | 21.8% | 32 | 140 | 17.6% | 26 | | |
| 岡山 | 277,855 | 81,435 | 29.3% | 45 | 8,356 | 1,572 | 18.8% | 43 | 1,488 | 17.8% | 45 | 1,892 | 248 | 13.1% | 44 | 183 | 9.7% | 42 | | |
| 広島 | 402,537 | 121,717 | 30.2% | 43 | 12,250 | 3,951 | 32.3% | 29 | 4,200 | 34.3% | 26 | 2,827 | 522 | 18.5% | 35 | 372 | 13.2% | 32 | | |
| 山口 | 220,953 | 61,769 | 28.0% | 47 | 5,529 | 1,018 | 18.4% | 45 | 1,061 | 19.2% | 43 | 1,054 | 125 | 11.9% | 45 | 112 | 10.6% | 38 | | |
| 徳島 | 115,768 | 42,065 | 36.3% | 33 | 4,179 | 3,437 | 82.2% | 1 | 3,308 | 79.2% | 1 | 1,008 | 646 | 64.1% | 2 | 500 | 49.6% | 1 | | |
| 香川 | 148,778 | 62,663 | 42.1% | 16 | 6,727 | 2,385 | 35.5% | 27 | 2,187 | 32.5% | 28 | 1,561 | 439 | 28.1% | 25 | 345 | 22.1% | 20 | | |
| 愛媛 | 230,687 | 76,277 | 33.1% | 40 | 7,443 | 3,066 | 41.2% | 21 | 2,969 | 39.9% | 19 | 2,229 | 639 | 28.7% | 24 | 433 | 19.4% | 23 | | |
| 高知 | 125,359 | 47,999 | 38.3% | 26 | 5,231 | 1,477 | 28.2% | 32 | 1,428 | 27.3% | 32 | 1,843 | 409 | 22.2% | 29 | 297 | 16.1% | 28 | | |
| 福岡 | 722,453 | 251,720 | 34.8% | 36 | 23,850 | 12,579 | 52.7% | 11 | 12,159 | 51.0% | 12 | 6,815 | 2,767 | 40.6% | 13 | 1,807 | 26.5% | 13 | | |
| 佐賀 | 123,410 | 53,094 | 43.0% | 13 | 4,687 | 3,365 | 71.8% | 2 | 3,197 | 68.2% | 3 | 1,441 | 932 | 64.7% | 1 | 532 | 36.9% | 5 | | |
| 長崎 | 235,815 | 93,264 | 39.5% | 23 | 7,584 | 4,911 | 64.8% | 6 | 4,980 | 65.7% | 4 | 2,192 | 1,220 | 55.7% | 5 | 773 | 35.3% | 6 | | |
| 熊本 | 293,676 | 110,320 | 37.6% | 29 | 9,763 | 5,683 | 58.2% | 8 | 5,419 | 55.5% | 8 | 3,511 | 1,777 | 50.6% | 6 | 1,358 | 38.7% | 4 | | |
| 大分 | 180,040 | 76,258 | 42.4% | 15 | 7,097 | 3,526 | 49.7% | 15 | 3,447 | 48.6% | 14 | 1,673 | 631 | 37.7% | 15 | 484 | 28.9% | 10 | | |
| 宮崎 | 190,751 | 69,993 | 36.7% | 31 | 6,371 | 3,588 | 56.3% | 9 | 3,560 | 55.9% | 7 | 1,779 | 842 | 47.3% | 8 | 601 | 33.8% | 7 | | |
| 鹿児島 | 271,278 | 119,658 | 44.1% | 11 | 10,194 | 5,701 | 55.9% | 10 | 5,502 | 54.0% | 10 | 2,725 | 1,134 | 41.6% | 12 | 783 | 28.7% | 11 | | |
| 沖縄 | 234,514 | 92,145 | 39.3% | 24 | 10,066 | 7,181 | 71.3% | 3 | 7,265 | 72.2% | 2 | 4,714 | 2,869 | 60.9% | 4 | 2,167 | 46.0% | 2 | | |
| 全国 | 19,116,898 | 7,241,436 | 37.9% | — | 647,953 | 219,052 | 33.8% | — | 210,084 | 32.4% | — | 195,491 | 50,630 | 25.9% | — | 33,393 | 17.1% | — | | |

※平成30年度速報値は、保険者が社会保険診療報酬支払基金に報告した平成30年度の特定健康診査等の実績報告データをベースとしたファイルの集計結果